

Stone Bay School Menu

Week Two Menu	Monday	Allergen	Tuesday	Allergen	Wednesday	Allergen	Thursday	Allergen	Friday	Allergen
First Option	Homemade Meat Feast Pizza	G D Mu	Mild chicken curry with rice		Roast gammon with yorkshire puddings	G E	Meatballs with tomato pasta	G E MU	Jumbo Breaded Fish Fingers	G F
Vegetarian Option	Homemade Margarita Pizza	G D Mu	Mild vegetable curry with rice		Carrot and lentil loaf	G E	Tomato pasta with cheese	G D	Vegetable Fingers	G
Second Option	Pepper and sweetcorn frittata	E D	Tuna salad pasta bowl	G F	Macaroni cheese with bacon	G D MU	Sausage hot pot	G MU	Chicken fajita	G MU
Side Dish	New potatoes or potato wedges		Garlic Bread	G D	Roast potatoes or new potatoes		Garlic bread	G D	Chips	
Vegetables	Baked beans or tinned tomatoes		Mixed Vegetables		Selection of Vegetables		Sweetcorn or peas		Peas or Baked Beans	
Other Option	Jacket potato with tuna or baked beans and cheese	G D Mu	Jacket Potato (with Tuna or Baked Beans and Cheese)	D F	Jacket Potato (with Tuna or Baked Beans and Cheese)	D F	Jacket Potato (with Tuna or Baked Beans and Cheese)	G D	Jacket Potato (with Tuna or Baked Beans and Cheese)	D F
Or	Ham or cheese baguette	F Mu E D	Cheese or ham roll	G D	Cheese or ham sandwich	G D	Cheese or ham baguette	G D	Cheese or ham sandwich	G D
	Salad		Salad	C	Salad	C	Salad	C	Salad	C
	Bread	G	Bread	G	Bread	G	Bread	G	Bread	G
Dessert	iced sponge	G E D	Lemon sponge	G E	Carrot cake	G E Su	Blueberry muffin	G E	Ginger bread man	G
Or	Piece of Fresh Fruit or Yoghurt	D	Piece of Fresh Fruit or Yoghurt	D	Piece of Fresh Fruit or Yoghurt	D	Piece of Fresh Fruit or Yoghurt	D	Piece of Fresh Fruit or Yoghurt	D

This menu will be repeated w/c Jan 15th, Feb 5th, 26th, March 18th, April 22nd, May 13th, June 10th, July 22nd

IF YOU FEEL YOUR CHILD WILL REQUIRE A MID-MORNING SNACK PLEASE COULD YOU SEND IN A "HEALTHY" OPTION FOR THEM

ALERGEN CODES	G = GLUTEN D = DAIRY	S = SESAME L = LUPIN	SB = SOYA BEANS Cr = CRUSTACEAN	E = EGG F = FISH	Mo = MOLLUSCS Su = SULPHITES	N = NUTS P = PEANUTS	C = CELERY Mu = MUSTARD
---------------	-------------------------	-------------------------	------------------------------------	---------------------	---------------------------------	-------------------------	----------------------------